

# St Bede's Catholic Academy Parents' Newsletter

Monday 2<sup>nd</sup> May 2022

Issue 28



The Third Sunday of Easter

# Diary Events Monday 2nd May School closed – Bank Holiday Monday 9th May Yr8/9 HPV Vaccine Tuesday 10th May Yr10 Medical Mavericks School Cup Athletics Thursday 12th May Yr9 Day of Reflection Monday 16th May Year 11 GCSE Examinations

begin

## **May Day**

A reminder that the school is closed on Monday, due to the bank holiday. The school will reopen as normal on Tuesday.

#### The Year 11 Exam and Revision Timetable

In assembly today, students have received a copy of the Exam Revision Booklet, this outlines the support and expectations of students in the lead up to their exams. If your child has not received a copy, please ask them to collect a copy from Reception. I've attached a copy of the revision timetable to this email for your information.

The only way to be successful in the upcoming exams is to work hard in lessons **and** out of lessons. This means attending school every day, attending all the revising sessions provided by the school and revising at home. If your child is not engaging with revision at home and you would like our support please do contact us.

#### **Term dates**

A reminder that all term dates can be found on the school website: https://stbedesscunthorpe.org.uk/term-dates/

## **Instrumental Lessons Academic Year 2022/2023**

If your child would like Instrumental lessons the next academic year please can you sign up using the following link, the deadline is Friday 3<sup>rd</sup> June 2022.

 $\frac{https://forms.office.com/Pages/ResponsePage.aspx?id=ImHqYCkGbkyT6kPA3x-vZq\_4HYJQ-o9NifoWVOkpCi9U0FZFUkFGM0xXTkhHVEIIT0MySIFRTVpCUy4u$ 

#### **Year 9 HPV Vaccines**

If you child has already had an HPV vaccine in school they will receive their 2<sup>nd</sup> vaccine in school on the 9<sup>th</sup> May 2022. I have attached a letter for you.

# Year 8 HPV Vaccine

If you have **NOT** already completed the online declaration for this and would like your child to have the HPV vaccine in school on the 9<sup>th</sup> May 2022 please provide your consent using the following link

https://systems.rdash.nhs.uk/eConsent/138018HPV218766

Please do not complete this if you have already done so.

#### **Exam Support**

As your all aware, exams are due to start, and we would like to take the time to offer this website to those undergoing them as we all know it can be a stressful time for students. If you feel this would be helpful, please share with your child.

https://www.youngminds.org.uk/young-person/coping-with-life/exam-stress/



# Exam Stress | How To Deal with Exam Stress - YoungMinds

It is normal to feel a bit worried about exams, especially if you're under pressure from school or family. Exam stress can cause you to feel anxious or depressed, and this might affect your sleeping or eating habits. If you recognise any of these feelings, or are worried that exam pressure is taking over your life, you are not alone, and there are things you can do:

www.youngminds.org.uk

# **Anti-Bullying**

Some of our students at St Bedes have volunteered to be part of our anti-bullying programme and have completed their training to become anti-bullying ambassadors. As a school community, we are so proud and thank those involved. If you would like to take a look at what these students have been doing; have a look on the link attached. https://www.antibullyingpro.com/support

#### **Donated Uniform**

We are in the process of setting up a website where we sell good quality 2<sup>nd</sup> hand uniform to parents who struggle to purchase new items. The website will be available to all parents and the proceeds of the sales will go to support the school. If you have any good quality uniform that your child has grown out of we would be grateful if you can bring it along to school. Thank you for your support.