

PARENT WORKSHOP

WITH
ME
MIND



FREE
In-Person

With Me in Mind are offering a variety of parent workshops across the Autumn Term, book your place at our September workshop by scanning the QR code below.

Managing BIG Emotions

Is your child struggling with big feelings, outbursts and becoming overwhelmed?

With Me in Mind North Lincolnshire would like to welcome you to our free workshop to discuss possible triggers for these emotions, strategies to support your child and techniques to help regulate emotions.

BRIGG

Monday 18th September
9:30am to 11am

The Angel Community HUB

Brigg Rd, Broughton, Brigg
DN20 8LD

Book via Eventbrite



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CROWLE

Tuesday 19th September
9:30am to 11am

Crowle Community HUB

The Market Hall, Market Pl,
Crowle
DN17 4LA

SCUNTHORPE

Tuesday 19th September
9:30am to 11am

Scunthorpe Central

Carlton St, Scunthorpe
DN15 6TX

WINTERTON

Tuesday 19th September
9:30am to 11am

Winterton Junior School

21 West St, Winterton,
Scunthorpe DN15 9QG

BARTON

Tuesday 19th September
9:30am to 11am

Baysgarth Community HUB

Brigg Rd, Barton-upon-
Humber DN18 5DT

SCAN HERE