

St Bede's Catholic Academy Parents' Newsletter

Friday 15th December 2023
Issue 13



The third week of Advent is the candle of joy. Also known as the "shepherd candle," it is in this third week of advent that we rejoice for the coming King. The shepherds experienced joy at the good news of the birth of the Messiah

Tuesday 19th December is **Christmas Dinner day**, if you have not booked a Christmas Dinner you will need to bring a packed lunch. This is also Christmas Jumper Day / non – uniform which is £1 donation for charity. This will be collected on the day.

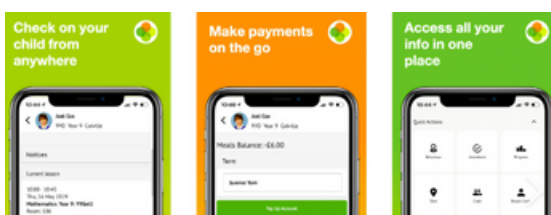
RSE Policy

Please find attached the RSE policy that is due for renewal in January 2024. We would like to consult with parents at this time on the subject of RSE and would welcome feedback via the below form.

https://forms.office.com/Pages/ResponsePage.aspx?id=ImHqYCKGbkyT6kPA3x-vZnpOyM_DyZJs8A8jrShma5UQTBOkC5M0xNQldaUUJaOUNFWFBSSkLYMC4u

Lunch money

Please can I ask that all parents check their account regularly to ensure funds are added to prevent a large number of calls going home. Thank you for your assistance on this.



Arbor App - Urgent Messages

All messages to parents will now be sent via the Arbor app, this includes messages regarding detentions

Diary Dates

Tuesday 19th December
Christmas Dinner
Christmas Jumper Day

Wednesday 20th December
Carols by Candlelight 6pm
Presentation Centre at school

Thursday 21st December
Whole School Mass
Last Day of Term

Friday 22nd December
School Closed for Christmas

Monday 8th January
Students Return to School

Wednesday 10th January
Royal Navy Talk

Monday 15th January
Work Trip Week Yr 9

Tuesday 16th January
Houses of Commons Trip
Yr 10

Drinks & sweets

Could you please speak with your child and reiterate that bringing fizzy drinks and sweets like 'Sour Sprays' to school is against the school policy. If such items are noticed, they will be confiscated.

Thursday 21st December

As the festive season approaches, we would like to inform you of a special arrangement regarding the school schedule. In the spirit of celebrating Christmas, St Bede's Catholic Academy will be closing early at 12:25pm on Thursday 21st December for the Christmas break.

This decision has been made to allow our students, staff, and their families to enjoy quality time together during the holiday season. We believe that this early closure will contribute to the festive atmosphere and provide an opportunity for everyone to partake in the joyous celebrations.

Please make the necessary arrangements to ensure your child is picked up promptly on the specified date and time. If your child is Free school meals and you would like them to bring home a school packed lunch please email kglynn@stbedesscunthorpe.org.uk by 15th December to preorder, the canteen will not be open at lunch time. If you have any concerns or if alternative arrangements need to be made, please do not hesitate to contact the school office. The school bus will collect students at 12:25pm.

We appreciate your understanding and cooperation in this matter.

ST BEDE'S READS



I'm no good at sport ... I can't do maths ... I really struggle with exams ... Sound familiar?

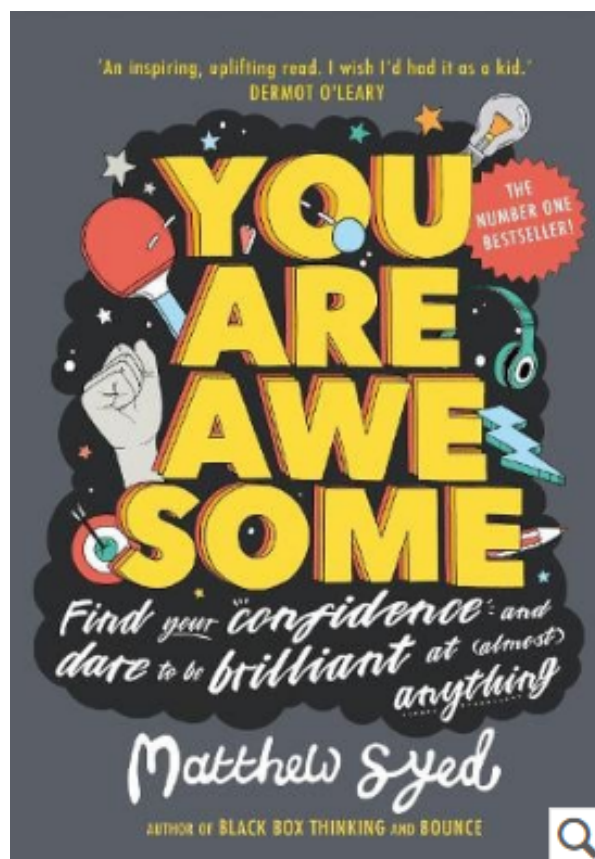
If you believe you can't do something, the chances are you won't try. But what if you really could get better at maths, or sport or exams? In fact, what if you could excel at anything you put your mind to?

You Are Awesome can help you do just that, inspiring and empowering young readers to find the confidence to realise their potential.

The first children's book from Times journalist, two-time Olympian and best-selling author of Bounce, Black Box Thinking and The Greatest, Matthew Syed, it uses examples of successful people from Mozart to Serena Williams to demonstrate that success really is earned rather than given, and that talent can be acquired.

With hard work and determination, practice and self-belief, and, most importantly, a Growth Mindset, there's no reason why anyone can't achieve anything.

Practical, insightful and positive, this is the book to help children build resilience, embrace their mistakes and grow into successful, happy adults.



The Blue Door is a specialist service who provide support to anyone that has experience domestic abuse and sexual violence in North and North East Lincolnshire, and those who have experienced rape and serious sexual offences in Hull and East Yorkshire. It is important to highlight this so all of our parents are aware that there is support available to you or anyone you know that might need it. They have a helpline 0800 197 47 87, office number 01724 841 947 or email info@thebluedoor.org

If you need any support with this from school, please do not hesitate to contact the safeguarding team.

Please find the below from their website:

Independent Domestic Violence Advocates (IDVA)

IDVAs offer practical, needs led support to those that have experienced domestic abuse. This support can range from urgent and immediate risk management support, eg arranging emergency housing or assisting with obtaining a non-molestation order (injunction) from the court to longer term support; debt management and benefits advice, arranging counselling and rehousing.

On referral one of our IDVA team will contact you to arrange to see you in a place that is safe and discreet. We will conduct a risk and needs assessment. We will then explain all of your options and address any immediate safety needs. Together with you we will create a support plan based on what you would like. We understand that meeting a stranger to talk about your experience of domestic abuse can be daunting, we can offer as much or as little support as you would like. We can contact other agencies and services for you and act as your advocate and support at meetings and court hearings.

Some of the things we regularly support people with are;

- Safety
- Employment
- Housing
- Finance and Debt
- Divorce
- Child Contact

To book an appointment to see an IDVA [click here](#) or call us on 0800 197 4787, if you are in North East Lincolnshire please visit www.womensaidnel.org.

Please remember in an emergency dial 999

Library

Thank you for all of the donations that we have received so far, if you are having clear out of your bookshelves in the run up to Christmas please consider bringing any books which are in good condition to St Bedes to be donated to our library. We would also love any games you may no longer need such as card games, top trumps and connect 4 for our students to use in our games corner.

Young Carers

<https://www.nhs.uk/conditions/social-care-and-support-guide/support-and-benefits-for-carers/being-a-young-carer-your-rights/>

Safeguarding

Dear parents and carers,

Teen depression is a serious mental health problem that causes a persistent feeling of sadness and loss of interest in activities. It affects how your teenager thinks, feels and behaves, and it can cause emotional, functional and physical problems. Although depression can occur at any time in life, symptoms may be different between teens and adults.

The following link takes you to the NHS website for advice around signs of depression in children

<https://www.nhs.uk/mental-health/children-and-young-adults/advice-for-parents/children-depressed-signs/>

Please contact the safeguarding team at ST Bede's if you require support for your young person.

CHRISTMAS

Carols by Candlelight

A FESTIVE EVENING OF SPOKEN WORD, SONG
AND COMMUNITY CAROLS

FREE ENTRY!

20 DECEMBER, 2023 AT 6 PM

St Bede's Catholic Academy

