

IN-PERSON **WITH ME MIND** PARENT WORKSHOP



FREE

With Me in Mind are delivering workshops on a variety of subjects to support your child, these workshops are aimed at parents with primary aged children.

Supporting Body Positivity

Is your child worried about how they look? Do they often make negative comments about how they look?

This workshop will explore how a negative body image can impact on emotional wellbeing, the impact social media has on our children's body image and spotting the signs of a negative body image and disordered eating.

BRIGG

Monday 19th February
9:30am to 11am

The Angel Community Hub
Brigg Rd, Brigg DN20 8LD



SCUNTHORPE

Tuesday 20th February
9:30am to 11am

Scunthorpe Central
Carlton St, Scunthorpe DN15
6TX

SCAN HERE

WINTERTON

Tuesday 20th February
9:30am to 11am

Winterton Community Hub
21 West St, Winterton, DN15 9QG

CROWLE

Tuesday 20th February
9:30am to 11am

Crowle Community Hub
Market Place, Crowle, DN17 4LA

BARTON

Tuesday 20th February
9:30am to 11am

Baysgarth Community Hub
Brigg Rd, Barton-upon-Humber
DN18 5DT