

St Bede's Catholic Academy

Parents' Newsletter

Friday 10th May 2024
Issue 27



REVISION

GCSE Grade boundaries

Quite a few students ask how grade boundaries for exams are set. There is an interesting video from the exam board AQA on how this is completed: [How we set boundaries - YouTube](#)

Lay chaplain apprenticeship.

There is an exciting opportunity for a suitable applicant to undertake the role of Lay Chaplain at St Bede's. This also involves working with young people in our feeder primary schools. The apprenticeship is in partnership with St Mary's University. If you are interested full details can be found at:

[Lay Chaplain Apprenticeship - Oscar Romero Hub - Based at St Bede's | Our Lady of Lourdes Catholic Multi Academy Trust \(ololcatholicmat.co.uk\)](#)

Student dates - 2025/2026

Advent 1: Wednesday 3rd September – Friday 24th October (Wednesday 3rd September Y7 only)

Advent 2: Monday 3rd November – Friday 19th December

Lent 1: Monday 5th January – Thursday 12th February

Lent 2: Monday 23rd February – Thursday 2nd April

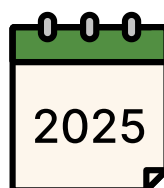
Pentecost 1: Monday 20th April – Friday 22nd May

Pentecost 2: Monday 1st June – Friday 17th July

May day: Monday 4th May 2026

INSET day: Monday 8th December 2025

2024-25 is already on the school website, however a letter has been sent to all parents explaining some changes.



Year 8 - HPV Your child in YEAR 8 is due to receive the HPV vaccination this year, the HPV vaccination is for both Girls and Boys. Since 2023 The HPV vaccination is now given in a single dose in year 8. Please go to Vaccination UK Immunisation (schoolvaccination.uk) and complete a consent form online, please do this as soon as possible. If you do not wish to consent to your child having the vaccination, then please complete a NO consent via the same link. Information about the adolescent vaccines can be found on the following websites:

www.schoolvaccination.uk

<https://assets.publishing.service.gov.uk/media/6405e7ae8fa8f527fb67cb6a/UKHSA-12287-immunisations-young-people.pdf>

<https://www.gov.uk/government/publications/hpv-vaccine-vaccination-guide-leaflet>

<https://www.gov.uk/government/publications/immunisations-for-young-people>

Diary Dates

2024

Thursday 16th May
With Me In Mind
Self-Esteem Assembly

Friday 24th May
Feast of St Bede Fayre
3.05pm School Closed Half Term

Monday 3rd June
Schools reopens for pupils

Tuesday 4th June
North Linc Quad Kids
Quibell Park
Year 6 Parents Evening

W/C Monday 17th June
Year 10 mock examinations

Wednesday 19th June
Geography Field Visit

Monday 24th June
Year 8 vaccinations

Tuesday 25th June
NLC Taster Day
Year 7 Consultation

Wednesday 26th June
Humber Quad Kids - Costello

Thursday 27th June
Sports Day

Safeguarding

Dear parents/carers

Social media is a term for internet sites and apps that you can use to share content you've created. Social media also lets you respond to content that others post. That can include pictures, text, reactions or comments on posts by others, and links to information.

Online sharing within social media sites helps many people stay in touch with friends or connect with new ones. And that may be more important for teenagers than other age groups. Friendships help teens feel supported and play a role in forming their identities. So, it's only natural to wonder how social media use might affect teens.

Social media is a big part of daily life for lots of teenagers.

How big? A 2022 survey of 13- to 17-year-olds offers a clue. Based on about 1,300 responses, the survey found that 35% of teens use at least one of five social media platforms more than several times a day. The five social media platforms are: YouTube, TikTok, Facebook, Instagram and Snapchat.

Social media doesn't affect all teens the same way. Use of social media is linked with healthy and unhealthy effects on mental health. These effects vary from one teenager to another. Social media effects on mental health depend on things such as:

- What a teen sees and does online.
- The amount of time spent online.
- Psychological factors, such as maturity level and any preexisting mental health conditions.
- Personal life circumstances, including cultural, social and economic factors.

For information age of restriction for the following social media apps

Tiktok age 13 however direct messages as not available until 16

Instagram 13 years old

Whats app 16 years old

Facebook 13 years old

X- Twitter 13 years old

Snap chat 13 years old.

Youtube 13 years old.

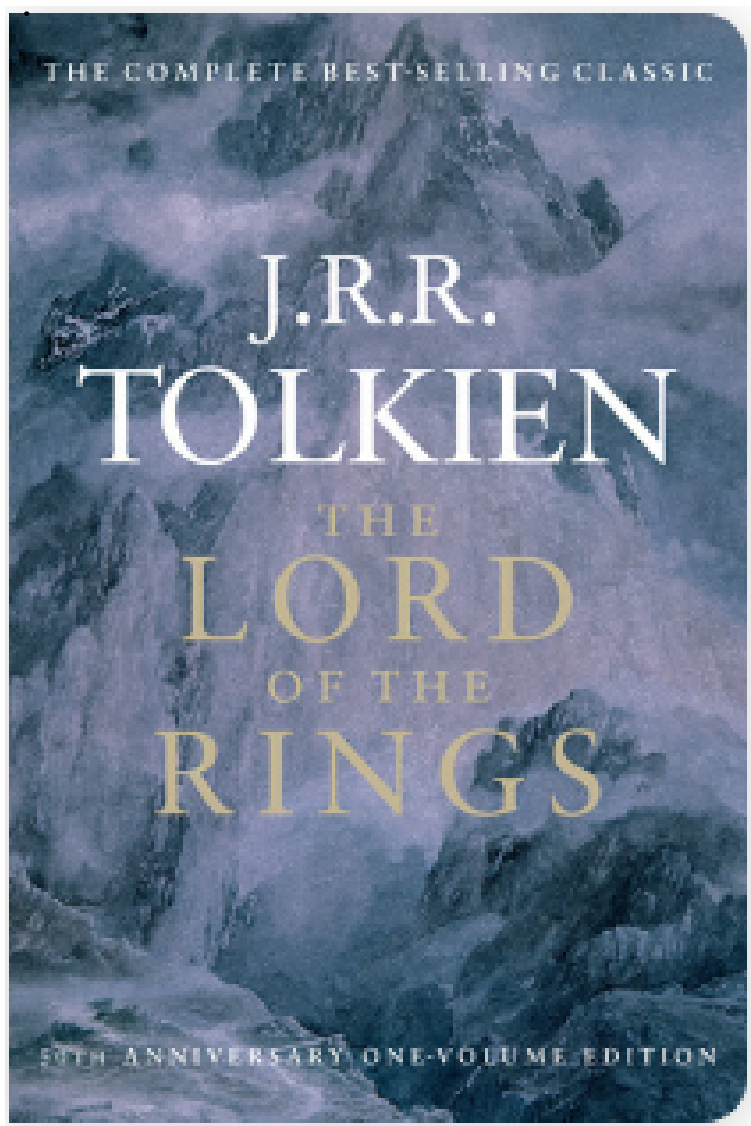
We advise for parents to use parental controls and put restrictions in place.

For further information please visit the following site:

<https://www.mayoclinic.org/healthy-lifestyle/tween-and-teen-health/in-depth/teens-and-social-media-use/art-20474437#:~:text=A%202022%20survey%20of%2013,%2C%20Facebook%2C%20Instagram%20and%20Snapchat.>



Menu - Week 3 <small>w/c 18/3, 22/4, 13/5, 10/6, 1/7</small>					
	monday	tuesday	wednesday	thursday	friday
Italian	Meat Feast Pizza ✓ Roast Med Veg Pasta	✓ Margherita Pizza Bolognese Pasta	✓ Margherita Calzone Spicy Chicken Pasta	Pepperoni Pizza Carbonara Pasta	✓ Veggie Supreme Pizza ✓ Tomato & Herb Pasta
Mexican	✓ Vegan Mexican Chilli rice pots	✓ Vegetable & Bean Burrito	Chicken Fajitas	✓ Vegetable chilli Nachos	
Chicken	BBQ Wings	Chinese Thigh Burger	Hot Dog	Hot wrap chinese	Fish finger baguette
Sides	✓ Mixed salad	✓ Mexican 'slaw	✓ House salad	✓ Tangy mustard 'slaw	✓ Pineapple empanadas
Panini & Jackets	✓ Cheese & Tomato Panini ✓ Jacket & Topping	✓ Jacket & Topping	✓ Roasted vegetable Panini ✓ Jacket & Topping	✓ Jacket & Topping	✓ Cheese panini ✓ Jacket & Topping



ST BEDE'S READS

One Ring to rule them all, One Ring to find them,
One Ring to bring them all and in the darkness bind
them.

In ancient times the Rings of Power were crafted
by the Elven-smiths, and Sauron, the Dark Lord,
forged the One Ring, filling it with his own power so
that he could rule all others. But the One Ring was
taken from him, and though he sought it
throughout Middle-earth, it remained lost to him.
After many ages it fell by chance into the hands of
the hobbit Bilbo Baggins.

From Sauron's fastness in the Dark Tower of
Mordor, his power spread far and wide. Sauron
gathered all the Great Rings to him, but always he
searched for the One Ring that would complete his
dominion.

When Bilbo reached his eleventy-first birthday he
disappeared, bequeathing to his young cousin Frodo
the Ruling Ring and a perilous quest: to journey across
Middle-earth, deep into the shadow of the Dark Lord,
and destroy the Ring by casting it into the Cracks of
Doom.

The Lord of the Rings tells of the great quest
undertaken by Frodo and the Fellowship of the
Ring: Gandalf the Wizard; the hobbits Merry,
Pippin, and Sam; Gimli the Dwarf; Legolas the Elf;
Boromir of Gondor; and a tall, mysterious stranger
called Strider.

Educational IDSVA Stalking AWARENESS WEEK 22ND APRIL – 26TH APRIL

The behaviour you can experiencing is:

- **Fixated** – following you or sending lots of messages.
- **Obsessive** – repeating the behaviour even after they have been asked to stop.
- **Unwanted** – the constant behaviour is unwanted
- **Repeated** – happening more than once.

This is stalking and it is a criminal offence. Anyone can be a victim of stalking, and everyone deserves to live their life free from fear of threat and harm. If you are concerned that you/young person/parent/guardian or someone you know is at risk, please report to the police or reach out to The Blue Door for advice and guidance.

Please contact Hannah Smith 07796618344
hannah.smith@thebluedoor.org or The Blue Door 0800 197 4787
info@thebluedoor.org
For further information about the Educational IDSVA role and how we can support you in your role

**STALKING: Do you
know the four
warning signs of
STALKING**

STALKING

is a crime!