

St Bede's Catholic Academy

Parents' Newsletter

Friday 18th October
Issue 40



A Busy and Successful Start to the School Year

We're thrilled with the positive start to this school year, filled with exciting events and activities for our students. Early in the term, we had a fantastic Rewards Trip to Alton Towers, where students were recognised for their hard work and positive behavior. It was a fun-filled day that motivated everyone for the term ahead.

Our Careers Day gave students valuable insight into future education and career paths, while the annual Jimmy Mizen Cup showcased incredible sportsmanship and teamwork in a meaningful and competitive setting.

Our students have also represented the school in various sporting fixtures, including football and netball, demonstrating commitment and talent. Meanwhile, our bake sale raised impressive funds for important causes, thanks to the generosity and creativity of students and parents alike.

During Mental Health Week, students participated in workshops promoting mental well-being, gaining valuable tools to manage stress and support one another. Our coffee mornings for parents have been a wonderful way to strengthen our school community, providing a relaxed setting for parents to connect with staff and each other.

Exciting Events Ahead -

Looking forward, we have even more exciting activities planned, including theatre trips to enhance students' cultural experiences and a highly anticipated trip to France later in the school year. These opportunities will offer students new learning experiences outside the classroom, creating memories that will last a lifetime.

Thank you for your continued support in making this a successful and enriching school year. We can't wait to see what the rest of the year holds!

Diary Dates

2024

Monday 28th October 8.45am
School Reopens to students

Wednesday 30th October
Yr5 Days of Encounter

Friday 1st November
Year 7 Day of Reflection

Tuesday 5th November
London Westend Trip

Thursday 7th November
Yr 11 Parents Information Evening

Tuesday 12th November
GCSE Music Performance

w/c Monday 18th November
Yr 11 Mock GCSE's
Flu Vaccinations all years

Thursday 21st November
Yr10 Consultations

Wednesday 4th December
Blood Brothers Theatre trip
North Lincs Cross Country
Central Park





The Importance of Road Safety for Students: Especially Cyclists

As the new school year progresses, it's crucial to ensure that our students not only focus on their studies but also travel to and from school safely. With more children cycling to school, it's important to highlight road safety, as it plays a key role in keeping our kids safe. Whether they ride daily or occasionally, understanding the basics of road safety can help prevent accidents and build responsible habits for the future.

Cycling offers students a fun, eco-friendly, and healthy way to travel, but it also presents unique risks on the road. Students, particularly younger ones, are more vulnerable to accidents due to their size, visibility, and limited experience navigating busy streets. Teaching them road safety empowers them to cycle confidently while staying safe.

Key Road Safety Tips for Cycling Students

Here are a few essential tips parents can discuss with their children to keep them safe on their journey to and from school:

1. **Wear a Helmet:** A helmet is the most critical piece of safety equipment. It can drastically reduce the risk of serious injury in case of an accident.
2. **Use Hand Signals:** Signaling when turning or stopping lets drivers and pedestrians know what a cyclist plans to do, helping avoid potential collisions.
3. **Follow Traffic Rules:** Cyclists must obey the same traffic laws as cars. This includes stopping at red lights and stop signs, yielding to pedestrians, and riding in the correct direction.
4. **Stay Visible:** Wearing bright or reflective clothing, especially in low-light conditions, and using front and rear bike lights ensures that cyclists are easily seen by drivers.
5. **Ride in Designated Areas:** Wherever possible, students should use bike lanes or paths designed specifically for cyclists. When riding on the road, they should stick to the side and be cautious of parked cars or opening doors.
6. **Avoid Distractions:** Just like driving, cycling while using headphones or a phone can be dangerous. Encourage students to stay focused and alert to the road around them.

Parents play a pivotal role in reinforcing road safety. Regular discussions about safe cycling habits, monitoring children's cycling routes, and perhaps even practicing together can help them feel more comfortable and competent. Schools can also support by offering road safety workshops or events to promote good practices among students.

Together, we can foster a culture of safety that ensures our students arrive at school not just ready to learn, but also safe and sound. Let's work together to make the journey to school a safe one for all our young cyclists!

Year 11 College Interviews After Half Term

We are pleased to inform parents that after the half-term break, Year 11 students will have the opportunity to participate in college interviews with North Lindsey College and John Leggott College. These interviews, held in school, are an important step in helping students plan for their future education and explore their post-16 options. These interviews offer a chance for students to learn more about the courses and opportunities available at both colleges, discuss their career aspirations, and get valuable advice on pathways that best suit their interests and goals. It's an excellent opportunity for students to start thinking about their future, whether they are interested in academic courses, vocational training, or apprenticeships.

Preparing for the Interviews - To help your child get the most out of these interviews, we recommend they: Research the courses and subjects offered by each college so they can ask informed questions. Think about their goals and how the courses align with their career plans or interests. Prepare questions they may have about entry requirements, course content, or life at college. We encourage parents to support their children through this process by discussing their options at home. These interviews are a great way to clarify any uncertainties students may have and help them feel more confident about their future choices. We wish all of our Year 11 students the best of luck as they take this important step toward their future!

Reminder: No Nuts in School

We would like to remind all parents and carers that our school has a strict no-nuts policy. This is to protect students with severe nut allergies, some of whom can experience life-threatening reactions even from minimal exposure to nuts or nut products.

To ensure the safety and well-being of all our students, we kindly ask that no nuts or foods containing nuts be brought into school. This includes items like peanut butter sandwiches, snack bars with nuts, Nutella, or any food that may contain traces of nuts.

By following this policy, you are helping us maintain a safe and inclusive environment where all students can feel secure. We appreciate your cooperation and understanding in keeping our school nut-free.

Thank you for your continued support in safeguarding the health of all our students!

Year 7's First Netball Tournament at St Bede's

We are incredibly proud of our Year 7 girls, who represented the school for the first time in a netball tournament at St Bede's this week. Competing against teams from South Axholme A, South Axholme B, and Axholme Academy, the girls showcased excellent teamwork and determination throughout the evening.

Their first match was a brilliant success, with a well-deserved win against South Axholme B. The team then faced a tough challenge against South Axholme A, where they played hard but unfortunately lost. In their final match, they put in a strong performance and drew against Axholme Academy.

Throughout the tournament, the girls were an absolute delight to be with. They demonstrated great sportsmanship and proudly represented our school with enthusiasm and grace. We couldn't be more pleased with their efforts, and we look forward to seeing how they continue to grow as a team.

Well done to all the players involved – we're excited for the future of our Year 7 netball team!



Hairspray at the Lyceum Theatre

Yesterday, a group of our students had the exciting opportunity to visit the Lyceum Theatre to watch the vibrant production of Hairspray the Musical. The trip was a wonderful experience for everyone involved, with the students thoroughly enjoying the lively performance and gaining a deeper appreciation for musical theatre.

We are incredibly proud of how our students conducted themselves throughout the day. Their behavior was exemplary, and they represented the school with pride and maturity. The staff accompanying the group couldn't have been more impressed by their politeness and enthusiasm.

Overall, it was a fantastic trip, filled with fun, music, and positive energy, and we look forward to offering more enriching cultural experiences for our students in the future!



Safeguarding - Wishing You a Safe and Enjoyable Half Term Break!

Dear parents and carers

As we approach the half term break, I wanted to take a moment to wish all of our students and families a restful and enjoyable time together. It's the perfect opportunity to recharge, enjoy some quality time, and reflect on the fantastic progress made so far this term.

While we hope everyone has a wonderful time, we also encourage both parents and children to stay mindful of safety during the break. Whether you're out and about or enjoying time at home, here are a few simple reminders to help ensure everyone stays safe:

For Children:

- Outdoor Fun: If you're heading out with friends or family, make sure you let someone know where you're going and when you'll be back.
- Online Safety: Continue to be responsible when using the internet. Remember to protect your personal information and be kind to others in the digital world.
- Stay Active: Enjoy the outdoors and get plenty of fresh air. Whether it's a walk, a bike ride, or a game in the park, staying active is a great way to stay healthy.

For Parents:

- Supervision: Keep an eye on your child's activities, especially if they're playing outside or spending time online. Ensure they know how to stay safe and who to contact in case of an emergency.
- Online Awareness: Encourage positive online habits and remind your child about the importance of taking breaks from screens to enjoy the world around them.
- Quality Time: This is a great time to relax as a family, whether through shared activities, games, or simply enjoying a meal together.

We hope you all have a fantastic half term break, filled with fun, relaxation, and safety. We look forward to seeing everyone back at school, refreshed and ready for the rest of the term.

Take care and have a wonderful holiday!

This week's lunch menu

STREATERIES LUNCH MENU					
					
WEEK 3 16/9, 27/10, 28/10, 18/11, 9/12, 30/12, 20/1, 10/2					
 Authentic Italian	 Asian	 Home Style	 Cocina ESPAÑA	 Chips & More	
MON	TUE	WED	THU	FRI	
MAINS	TUSCAN SAUSAGE LASAGNE	KUNG PAO PULLED PORK	CREAMY CHICKEN & PUFF PASTRY PIE	SMOKY ALBONDIGAS (Meatballs)	Choose from: BATTERED FISH SAUSAGE or VEG SAUSAGE (battered or plain) ① Margherita Pizza ② Chicken Nuggets ③ Chips ④
	PROVENCAL VEGETABLE LASAGNE ②	BANG BANG CAULIFLOWER ①	SMOKY SWEET POTATO & RED PEPPER PIE ②	SPANISH VEGETABLE TORTILLA ②	
SIDES	GARLIC WEDGES HOUSE CHOP SALAD	5 SPICE RICE & STIR FRIED GREENS	CHIVE MASH PEAS, GREEN BEANS SAVOY CABBAGE	SPANISH RICE TOMATO & GREEN BEAN SALAD	MINTY PEAS, BAKED BEANS, GRAVY OR CURRY SAUCE ③
- PASTA & NOODLE POTS -					
CARBONARA PASTA VEGGIE THAI STYLE NOODLE POT ① BOLOGNESE PASTA CHINESE CHICKEN CHOW MEIN NOODLES CARBONARA PASTA ITALIAN TOMATO PASTA - DAILY ①					
BEANS - CHEESE - JACKET POTATOES - TUNA MAYO - SIMPLY PLAIN					
BIG BOWL SALAD	CLASSIC GREEK SALAD WITH FETA & OLIVES	SQUASH, ROASTED VEGETABLE & CHICKPEA SALAD	SMOKY MEXICAN BEAN CHOPPED SALAD	CRUNCHY RANCH & EGG SALAD	COCONUT CHILLI CHICKEN SALAD
DESSERTS	APPLE & SYRUP SPONGE with Custard	CHOCOLATE SHORTBREAD	KEY LIME CHEESECAKE	CHOCOLATE BANANA CAKE with Custard	BROWNIE with Chocolate Sauce
Daily Meal Deals Regular Chef's Specials		Freshly Made from Scratch DAILY!	Fresh Cut Fruit & Yogurt Pots Available Daily	HANDCRAFTED DELI SANDWICHES, BAGUETTES, WRAPS, SALADS & MORE!	DELI KITCHEN HOT GRAB & GO