

# St Bede's Catholic Academy

## Parents' Newsletter

Monday 4th November  
Issue 41



*It is with heavy hearts that we share the passing of our beloved Year 9 student, Laila Mai Lo. Laila was a bright, compassionate young person who touched the lives of so many around her. While we mourn her loss deeply, we find comfort in knowing that she is no longer in pain and rests now in God's loving embrace.*

*We understand that this is a difficult time for our school community, and we are committed to providing support for both students and staff as we navigate this together. Grief support and additional services are available in school for anyone who needs them. Please keep Laila's family, friends, and loved ones in your thoughts and prayers as we honour her memory and the beautiful spirit she brought into our lives.*

November is a special time in our Catholic community as we observe the Month of Holy Souls, a time dedicated to remembering and praying for loved ones who have passed. As we keep them in our thoughts and prayers, we are reminded of the strength and unity of our school community.

We've had a productive first week filled with activities and opportunities for our students. On Thursday, our Year 9 students were thrilled to welcome The Royal Navy for a workshop focused on skill-building and teamwork. Our Year 11 students have been busy with college interviews with North Lindsey College throughout the week, helping them explore their post-16 options. Additionally, Scunthorpe United visited to train students as reading mentors, supporting literacy across our school. Over in the library, students enjoyed some creative relaxation on Thursday with Mindful Magic coloring and bewitching bookmark making—a wonderful way to combine mindfulness and creativity!

Looking ahead, we have some exciting events on the horizon. Next week, students will have the chance to participate in a London Theatre visit, an opportunity to experience live performance and culture. On Thursday evening, we'll be holding a Year 11 Parents Information Evening, providing key updates and guidance for the year ahead. John Leggott College will also be in school all week to conduct interviews with Year 11 students, continuing our efforts to support them in planning for the future.

Finally, a reminder to parents to park safely and responsibly outside the school when collecting students at the end of the day. With the clocks going back and evenings getting darker, extra caution will help keep all of our students safe.

Thank you for your support, and we look forward to a successful and meaningful term ahead.

## Diary Dates 2024

Tuesday 5th November  
London Westend Trip

Thursday 7th November  
Yr 11 Parents Information Evening

Tuesday 12th November  
GCSE Music Performance

w/c Monday 18th November  
Yr 11 Mock GCSE's  
Flu Vaccinations all years

Thursday 21st November  
Yr10 Consultations

Wednesday 4th December  
Blood Brothers Theatre trip  
North Lincs Cross Country  
Central Park

Monday 9th December  
School closed for teacher training

Friday 13th December  
JLC Choir

Monday 16th December  
GCSE Food Mock exam  
Carols by Candlelight

Wednesday 18th December  
Christmas Dinner

Thursday 19th December  
3.05pm school closes for Christmas

## Christmas Dinner

The school will be having Christmas lunch on Wednesday 18th December, it will also be Christmas jumper day. On the 18th only Christmas dinner is served there will be no other options in the canteen and therefore if your child does not wish to have this they will be required to bring in a packed lunch. Please see the menu attached there is a non-vegetarian and vegetarian option and the cost is £2.80.

So the catering team can purchase the food in advance, if your child wishes to have this it must be purchased on the Arbor app (it will be available from Monday 4th November), there will be separate items under School Shop called 'Christmas Dinner', please order either the vegetarian or non-vegetarian option. If your child is Free School Meals, please order on the Arbor app but there will be no charge.

All orders must be placed by Friday 6th December, no orders can be taken after this date. All orders must be placed under the school shop in Arbor, please do not pay for this where you would usually top up your child's dinner account the school shop item must be used.

Please note that the canteen will not be open during break for food on the 18th, therefore, if your child wishes to have a morning snack please can they bring one into school.



## Parent Survey: Workshops on Children's Wellbeing and Mental Health

We are committed to supporting the wellbeing and mental health of our students and believe that parents and carers play a key role in this effort. To better understand how we can assist you, we would like to ask you to please take a moment to complete our Parent Survey by clicking the link below

<https://forms.gle/LVnK8irFNRXNEEu66>

. Your feedback will help us shape these workshops to best meet the needs of our school community.

Thank you for your valuable input and support in promoting a healthy, positive environment for all our students!

## Winter Rucksack Appeal

Please find attached the information regarding the Year 7 Winter Rucksack Appeal for The Forge. Any donations please bring into school and we will deliver the donations to

The Forge. Thank you for your support. Mr Iggleden.



[www.theforgeproject.co.uk](http://www.theforgeproject.co.uk)

**WINTER  
RUCKSACK  
APPEAL 2024**



## YouTube podcast

We have a new YouTube podcast called the 'Five Minute Mindshift'. It's your weekly burst of insight and reflection. Each episode dives into a new theme like compassion, resilience, or gratitude, helping you shift perspectives and grow in just five minutes. Perfect for busy people looking to explore life's big ideas in bite-sized chunks! In Episode 1 we look at 'Compassion in Action' – What does it mean to truly care? In this quickfire episode, we're exploring how small acts of compassion can make a big difference. Tune in for five minutes to uncover the power of kindness and how it can shape your day and impact the people around you!  
[https://youtu.be/gK6\\_zqVfwuk](https://youtu.be/gK6_zqVfwuk)



If you have any concerns please contact our safeguarding team.

**STREATERIES** LUNCH MENU

WEEK 1  
2/9, 23/9, 14/10, 4/11,  
25/11, 16/12, 6/1, 27/1

**MON**

**MAINS**

MEATBALL MARINARA PASTA BAKE topped with Cheesy Garlic Crumbs

ASPENS LOADED MAC & CHEESE with Spring Onion, Pepper & Garlic

**SIDES**

CRUNCHY RAINBOW SALAD

**TUE**

NASHVILLE BAKED CRISPY CHICKEN BURGER with Ranch Slaw

CAJUN SPICED BAKED VEGGIE BURGER with Ranch Slaw

CRISPY BAKED HOME FRIES

**WED**

ROAST PORK, STUFFING & APPLE SAUCE with Gravy Either as a classic roast dinner or loaded into a To haggis

ROASTED ROOTS FILO STRUDEL

SKIN ON ROASTIES CARROTS & BROCCOLI

**FRI**

GARLIC CHILLI CHICKEN CURRY

SWEET & SOUR CHICKPEA VEGETABLE PATHIA CURRY

CARDAMOM RICE & GREEN BEANS

MINTY PEAS, BAKED BEANS, GRAVY OR CURRY SAUCE

- PASTA & NOODLE POTS -

CARBONARA PASTA | VEGGIE THAI STYLE NOODLE POT | BOLOGNESE PASTA | CHINESE CHICKEN CHOW MEIN NOODLES | CARBONARA PASTA

ITALIAN TOMATO PASTA - DAILY

BEANS - CHEESE - JACKET POTATOES - TUNA MAYO - SIMPLY PLAIN

**BIG BOWL SALAD**

CHICKEN CAESAR SALAD

WARM LEMON DRIZZLE SPONGE with Custard

FALAFEL & POMEGRANATE COUSCOUS SALAD

BLACK & WHITE SHORTBREAD COOKIE

QUINOA & FETA SUPERFOOD SALAD

STICKY TOFFEE PUDDING with Toffee Sauce

HARISSA ROASTED CAULIFLOWER, CHICKPEA & SPINACH SALAD

FLAPJACK

TIKKA CHICKEN & MINT YOGURT SALAD

STRAWBERRY TRIFLE POT

**DESSERTS**

Daily Meal Deals Regular Chef's Specials

Freshly Made From Scratch DAILY!

Fresh Cut Fruit & Yogurt Pots Available Daily

HANDCRAFTED DELI SANDWICHES, BAGUETTES, WRAPS, SALADS & MORE!

DELIKITCHEN HOT GRAB & GO