

# St Bede's Catholic Academy

## Parents' Newsletter



Monday 11th November  
Issue 42



### Honouring Remembrance Day

Today, our entire school community gathered in a spirit of prayer and reflection to honour Remembrance Day, joining millions across the country in remembering the brave men and women who have served and sacrificed in the name of peace. Together, we gave thanks for their courage, which has preserved the freedoms and blessings we enjoy today. The school observed a solemn two-minute silence, creating a powerful moment of stillness as we paused to reflect on the significance of the day. Our assembly featured poignant readings and heartfelt poetry shared by students, expressing deep gratitude for those who have served and sacrificed. Together, we were reminded of the sacred call to peace, the strength found in resilience, and the enduring power of prayerful remembrance through each generation.

The poppies we wear this week are small, yet they symbolize something much greater – the recognition of sacrifice, a spirit of unity, and a pledge to pray for and honor those who have shaped our history. May we continue to remember them in our hearts, our prayers, and our commitment to peace.



### *Lest we forget*

In Flanders fields the poppies blow  
Between the crosses, row on row,  
That mark our place, and in the sky,  
The larks, still bravely singing, fly,  
Scarce heard amid the guns below.

We are the dead; short days ago  
We lived, felt dawn, saw sunset glow,  
Loved and were loved, and now we lie  
In Flanders fields.

Take up our quarrel with the foe!  
To you from failing hands we throw  
The torch; be yours to hold it high!  
If ye break faith with us who die  
We shall not sleep, though poppies grow  
In Flanders fields.

LIEUTENANT COLONEL JOHN MCCRAE



### Diary Dates

2024

Tuesday 12th November  
GCSE Music Performance

w/c Monday 18th November  
Yr 11 Mock GCSE's  
Flu Vaccinations all years

Thursday 21st November  
Yr10 Consultations

Wednesday 4th December  
Blood Brothers Theatre trip  
North Lincs Cross Country  
Central Park

Monday 9th December  
School closed for teacher training

Friday 13th December  
JLC Choir

Monday 16th December  
GCSE Food Mock exam  
Carols by Candlelight

Wednesday 18th December  
Christmas Dinner

Thursday 19th December  
3.05pm school closes for Christmas







## Year 8 Theatre Trip

### Year 8's Unforgettable London Theatre Trip

Last week, our Year 8 students embarked on an exciting trip to London, packed with memorable activities, new experiences, and plenty of learning! The highlight of the day was a visit to the West End to see the incredible musical *Wicked*, where students were captivated by the magical storytelling, fantastic performances, and stunning set design. The show brought literature to life in a way that will leave a lasting impression on all who attended.

After the performance, students enjoyed a scenic boat trip down the River Thames, taking in some of London's most iconic landmarks from the water. They were able to see the city from a fresh perspective, which made the journey both fun and educational.



The day was rounded off with an inspiring visit to the Science Museum, where students explored a range of fascinating exhibits, from space exploration to medical advancements. The hands-on displays and interactive elements sparked plenty of curiosity and conversation. Throughout the trip, all students conducted themselves brilliantly, demonstrating respect, enthusiasm, and a genuine interest in everything they experienced. It was a fantastic day that we hope will become one of their fondest Year 8 memories!

## Christmas Dinner

The school will be having Christmas lunch on Wednesday 18th December, it will also be Christmas jumper day. On the 18th only Christmas dinner is served there will be no other options in the canteen and therefore if your child does not wish to have this they will be required to bring in a packed lunch. Please see the menu attached there is a non-vegetarian and vegetarian option and the cost is £2.80.

So the catering team can purchase the food in advance, if your child wishes to have this it must be purchased on the Arbor app (it will be available from Monday 4th November), there will be separate items under School Shop called 'Christmas Dinner', please order either the vegetarian or non vegetarian option. If your child is Free School Meals, please order on the Arbor app but there will be no charge.

All orders must be placed by Friday 6th December, no orders can be taken after this date. All orders must be placed under the school shop in Arbor, please do not pay for this where you would usually top up your child's dinner account the school shop item must be used.

Please note that the canteen will not be open during break for food on the 18th, therefore, if your child wishes to have a morning snack please can they bring one into school.





## Safeguarding -

Dear parent/carer

As we observe Anti-Bullying Week, it's a vital time to reflect on our responsibility to nurture a safe and supportive environment for our children, grounded in our Catholic values. Bullying can take many forms, whether physical, verbal, or cyberbullying, and its impact can be profound. Together, we can help our children embrace the teachings of Christ, who calls us to love one another and treat all individuals with dignity and respect.

Encourage open conversations about bullying within the context of our faith. Ask your children about their experiences at school or online, and listen with compassion. Create a safe space where they feel comfortable sharing their feelings and concerns. Remind them that standing up against bullying is not just a personal choice; it is a reflection of our call to be witnesses of God's love.

Educate your children about the difference between friendly teasing and harmful bullying, emphasizing the commandment to "love your neighbour as yourself." Help them recognise the signs of bullying and discuss ways to respond, such as seeking help from a trusted adult, or showing kindness to those who are targeted. Lead by example in embodying the values of our faith. Show your children how to treat others with respect and kindness in your everyday interactions, mirroring the love and compassion Christ showed to all. Highlight the importance of inclusion and standing up for those who may feel isolated or marginalized, reflecting the teachings of the Gospel.

Together, let us create a culture of respect and understanding rooted in our Catholic faith. This week—and beyond—let's commit to being allies in the fight against bullying, ensuring our children feel safe and supported in their communities.

Thank you for your partnership in this important mission.

If you have any concerns please contact our anti-bullying lead or safeguarding team.

For further information on the impacts of bullying please use the following link

[Helping Children Deal with Bullying & Cyberbullying | NSPCC](#)

## This week's lunch menu

STREATERIES LUNCH MENU					
WEEK 2 9/9, 30/9, 21/10, 11/11, 2/12, 23/12, 13/1, 3/2	 <b>GERMAN HAUS</b>	 <b>INCREDIBLE INDIA</b>	 <b>Home STYLE</b>	 <b>HACIENDA MEXICANA</b>	 <b>Chips &amp; More</b>
	<b>MON</b>	<b>TUE</b>	<b>WED</b>	<b>THU</b>	<b>FRI</b>
	<b>MAINS</b>	<b>MAINS</b>	<b>MAINS</b>	<b>MAINS</b>	<b>MAINS</b>
	CURRYWURST in a crusty baguette	PULLED CHICKEN TIKKA PIE	BRITISH PORK SAUSAGE TOAD IN THE HOLE with Onion Gravy	SMOKED CHILLI BEEF OVER RICE with Smashed Nachos, Spring Onion & Sour Cream	Choose from: BATTERED FISH SAUSAGE or VEG SAUSAGE (battered or plain)
<b>SIDES</b>	CAULIFLOWER SCHNITZEL	CHANA MASALA STUFFED PIE	QUORN SAUSAGE TOAD IN THE HOLE with Onion Gravy	VEGGIE BEAN CHILLI LOADED NACHOS	Margherita Pizza Chicken Nuggets Chips
	POTATO SALAD BRAISED CABBAGE	CRISPY BOMBAY POTATOES, CUMIN ROAST CARROTS & PARSNIPS	SKIN ON GARLIC ROASTIES GREEN BEANS	SMOKY CORN	MINTY PEAS, BAKED BEANS, GRAVY OR CURRY SAUCE
	<b>- PASTA &amp; NOODLE POTS -</b>				
	CARBONARA PASTA	VEGGIE THAI STYLE NOODLE POT	BOLOGNESE PASTA	CHINESE CHICKEN CHOW MEIN NOODLES	CARBONARA PASTA
ITALIAN TOMATO PASTA - DAILY					
<b>BEANS - CHEESE - JACKET POTATOES - TUNA MAYO - SIMPLY PLAIN</b>					
<b>BIG BOWL SALAD</b>	CLASSIC NICOISE WITH EGG	BRIGHT & LIGHT CHICKEN PASTA SALAD	SUPERFOOD GREEN SALAD	ASIAN CUCUMBER, EDAMAME & NOODLE SALAD	JERK CHICKEN & PINEAPPLE SALAD
	APPLE CRUMBLE with Custard	SHORTBREAD	NEW YORK VANILLA BAKED CHEESECAKE	BROOKIE	WARM WHITE CHOCOLATE BLONDIE with Custard
	<b>DESSERTS</b>				
	Daily Meal Deals Regular Chef's Specials	Freshly Made from Scratch <b>DAILY!</b>	Fresh Cut Fruit & Yogurt Pots Available Daily	HANDCRAFTED DELI SANDWICHES, BAGUETTES, WRAPS, SALADS & MORE!	<b>DELI KITCHEN</b> HOT GRAB & GO