

St Bede's Catholic Academy

Parents' Newsletter

Friday 22nd November
Issue 43



Monday 9th December

Please be reminded that Monday, 9th December, will be an INSET day. As a result, the school will be closed to pupils on this day. We hope this advance notice helps with your planning.



Year 7 Opal Coast (France) Trip - Summer 2026: please find attached a copy of the information letter regarding the 2026 Opal Coast visit for students in the current Year 7 (at the end of their Year 8). **Booking opens for this trip at 10am tomorrow (Saturday 23rd November)** and the 40 places will be sold on a first come, first served, basis. Please note, this trip is always extremely popular and is likely to sell out over the weekend. To avoid disappointment, if your child does wish to attend, please pay the deposit via Arbor as soon as possible after the trip opens. Thanks, Mr Fields.

Year 8: London West End Theatre Visit - November 2025: please find attached a copy of the information letter regarding the 2025 London West End Theatre visit for students in the current Year 8 (visit in November of Year 9). Booking opens for this trip at 10am tomorrow (Saturday 23rd November) and the 40 places will be sold on a first come, first served, basis. Please note, this trip is always extremely popular and is likely to sell out over the weekend. To avoid disappointment, if your child does wish to attend, please pay the deposit via Arbor as soon as possible after the trip opens. Thanks, Mr Fields.

Diary Dates

2024

Wednesday 4th December
Blood Brothers Theatre trip
North Lincs Cross Country
Central Park

Monday 9th December
School closed for teacher training

Friday 13th December
JLC Choir

Monday 16th December
GCSE Food Mock exam
Carols by Candlelight

Wednesday 18th December
Christmas Dinner

Thursday 19th December
school closes for Christmas

Monday 6th January
Students return to school

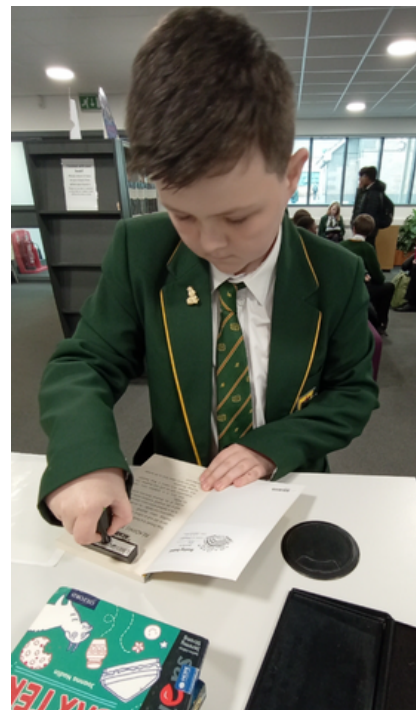
Tuesday 14th January
GCSE Music performance

Thursday 16th January
Year 11 Consultation

Tuesday 28th January
Humberside Secondary
Cross Country Finals

Next week the St Bede's School Bus (698) will be unable to pick up or drop off at the stop on Scotter Road near to Moors Road as Scotter Road is closed for 5 days (25/11/2024 - 28/11/2024 inclusive), and the service will divert via Kingsway and Brumby Wood Lane during the closure.

Shay, one of our Library Ambassadors has been hard at work this week stickering and stamping his way through a box of donated books, ready to go on the shelves for our eager readers. If you have any good quality, age-appropriate books collecting dust at home, please considering donating them to the St Bede's Library as our voracious book worms are always hungry for new novels.



Year 7 School Trip to The Lincolnshire Show – Book Your Place!

We are thrilled to announce that we will be taking students to The Lincolnshire Show on Thursday, 19th June 2025. This fantastic event, organised by the Lincolnshire Agricultural Society, is a unique opportunity for students to explore food, farming, the environment, and much more in an action-packed day out.

The trip includes:

Interactive activities

Equine and livestock classes

Local food and drink stalls

Horticulture displays

Live music and entertainment

Details of the Trip:

Date: Thursday, 19th June 2025

Cost: £25 per student



Booking Opens: Friday, 22nd November 2024, via Arbor (first come, first served basis).

Note: Spaces are limited, so please book promptly to secure your child's place.

As places are limited, it is essential to emphasize that only students who demonstrate excellent behaviour will be eligible to attend.

A detailed letter with additional information about the trip has been emailed to all parents/guardians. Please review this carefully before booking.

We are excited for this wonderful opportunity and look forward to your child joining us on this memorable educational experience!



MCC Foundation Hub

We have an exciting opportunity for children aged 11-16 to join one of our new development programmes in partnership with the MCC Foundation. We are launching three MCC Foundation Hubs in Lincolnshire, which are FULLY FUNDED & FREE to attend. The MCC Foundation Hub programme provides free-to-access training and match play to 6,500 state-educated young cricketers at 164 sites across the UK. The Hubs focus on talent: helping promising youngsters who are engaged in cricket develop their skills alongside other young cricketers. The 10 week programme of indoor training is followed by a series of games against other hubs and County Age Group teams, as well as providing entry into an exciting nationwide knockout competition where four finalists, two Girls' teams and two Boys' teams, will earn themselves the unforgettable opportunity to play in a Grand Final on the Main Ground at Lord's. The 10 week training programme will begin in January. In addition to the free 10 week training programme and game opportunities, participants will be provided with a MCC Foundation Hub T-shirt to wear for training/playing. To register an expression of interest, please share the following links with your students, and we will then contact their parents directly.

Lincoln Girls – <https://app.upshot.org.uk/signup/4ce38052/85ab25f792c848c8/>

Scunthorpe Boys – <https://app.upshot.org.uk/signup/4ce38052/22ffc19785f00a6e/>

Alternatively, if you require more information please get in touch with Clare Gilman-Abel cga@lincscricket.co.uk

WHAT IS AN FOUNDATION HUB?

FREE-TO-ACCESS CRICKET
Winter training and
summer match play
opportunities

CRICKET+ SUPPORT

- Strength & Conditioning
- Mental Wellbeing
- Leadership & Captaincy

Follow link in bio for sign-up info



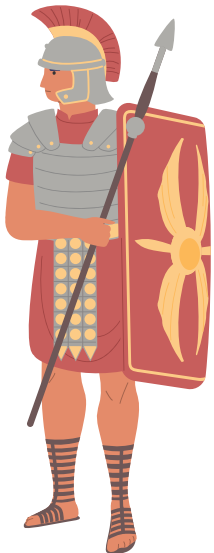
Year 7 Roman Shields: A Creative Learning Experience!

In recent weeks, Year 7 students in classes 7L and 7N have been diving into Roman history, and as part of their studies, they had the opportunity to create their very own Roman shields. These shields are not only a fantastic way for students to engage with the past but also allowed them to express their creativity and learn valuable skills in design and craftsmanship.

The students worked hard to replicate the iconic Roman scutum, incorporating authentic designs and symbolic elements that were used by Roman soldiers. Each shield was unique, reflecting the students' understanding of Roman culture and military history.

A huge thank you to all the parents and guardians who supported the students in their creations! Your involvement has truly helped bring this project to life and has made it a memorable experience for the students.

We are incredibly proud of the effort and enthusiasm displayed by everyone involved, and the final shields are a testament to the hard work of both students and their families.



Safeguarding -

As we navigate the challenges of parenting in today's world, it's essential to pay close attention to the mental health of our adolescents. This phase of life can be marked by significant changes and pressures, and as a community rooted in our Catholic faith, we are called to support our young people with compassion, understanding, and love.

Mental health struggles can often feel isolating, but it's important to remind our children that they are not alone. Just as Jesus showed compassion to those in need, we too must be present for our children, listening to their concerns and offering a safe space for them to express their feelings. Encourage open conversations about mental health, reassuring them that it's okay to talk about their emotions and seek help when needed.

Teach your children the importance of self-care and the value of taking time for reflection and prayer. Encourage them to turn to God in moments of distress, finding solace in scripture and the teachings of the Church. Help them understand that mental health is a vital aspect of their overall well-being, and just as we care for our physical health, we must also nurture our mental and spiritual health.

Foster resilience by reminding them of their inherent worth as children of God. Celebrate their unique gifts and talents, and encourage them to seek community and connection with others. Participation in parish activities, youth groups, and service projects can provide a sense of belonging and purpose, helping them to build strong, supportive relationships.

As parents, we play a crucial role in modelling healthy habits and attitudes. Let us strive to create a home environment where our children feel valued and loved, reinforcing the message that they are cherished members of our faith community.






Together, let us walk alongside our adolescents during this critical time, providing the love, support, and guidance they need to thrive.

If you have any concerns, please contact our wellbeing lead or safeguarding team.

For further support please follow the link

<https://www.nspcc.org.uk/keeping-children-safe/childrens-mental-health/>

This week's lunch menu

STREATERIES LUNCH MENU					ASPENS
WEEK 1 2/9, 23/9, 14/10, 4/11, 25/11, 16/12, 6/1, 27/1	 MON	 TUE	 WED	 THU	 FRI
MAINS	MEATBALL MARINARA PASTA BAKE topped with Cheesy Garlic Crumbs	NASHVILLE BAKED CRISPY CHICKEN BURGER with Ranch Slaw	ROAST PORK, STUFFING & APPLE SAUCE with Gravy <small>Enter as a classic roast dinner or loaded into a 1/2 baguette</small>	GARLIC CHILLI CHICKEN CURRY	Choose from: BATTERED FISH SAUSAGE or VEG SAUSAGE (battered or plain) Margherita Pizza Chicken Nuggets Chips
ASPIRATIONS	ASPENS LOADED MAC & CHEESE with Spring Onion, Pepper & Garlic	CAJUN SPICED BAKED VEGGIE BURGER with Ranch Slaw	ROASTED ROOTS FILO STRUDEL	SWEET & SOUR CHICKPEA VEGETABLE PATHIA CURRY	
SIDES	CRUNCHY RAINBOW SALAD	CRISPY BAKED HOME FRIES	SKIN ON ROASTIES CARROTS & BROCCOLI	CARDAMOM RICE & GREEN BEANS	MINTY PEAS, BAKED BEANS, GRAVY OR CURRY SAUCE
- PASTA & NOODLE POTS -					
CARBONARA PASTA VEGGIE THAI STYLE NOODLE POT BOLOGNESE PASTA CHINESE CHICKEN CHOW MEIN NOODLES CARBONARA PASTA ITALIAN TOMATO PASTA - DAILY					
BEANS - CHEESE - JACKET POTATOES - TUNA MAYO - SIMPLY PLAIN					
BIG BOWL SALAD	CHICKEN CAESAR SALAD	FALAFEL & POMEGRANATE COUSCOUS SALAD	QUINOA & FETA SUPERFOOD SALAD	HARISSA ROASTED CAULIFLOWER, CHICKPEA & SPINACH SALAD	TIKKA CHICKEN & MINT YOGURT SALAD
DESSERTS	WARM LEMON DRIZZLE SPONGE with Custard	BLACK & WHITE SHORTBREAD COOKIE	STICKY TOFFEE PUDDING with Toffee Sauce	FLAPJACK	STRAWBERRY TRIFLE POT
Daily Meal Deals Regular Chef's Specials		Freshly Made from Scratch DAILY!		Fresh Cut Fruit & Yogurt Pots Available Daily	
		HANDCRAFTED DELI SANDWICHES, BAGUETTES, WRAPS, SALADS & MORE!		DELIKITCHEN HOT GRAB & GO	