St Bede's Catholic Academy Parents' Newsletter

Monday 17th March 2025 Issue 51





Faith, Community, and Support - Walking Together in Christ

As we journey through this term, we are reminded of the strength found in faith, community, and the support we offer one another. At St Bede's, we are committed to nurturing not only the academic growth of our students but also their spiritual and emotional well-being, ensuring that every child feels valued, heard, and supported.

Last week, we came together as a school community to mark Ash Wednesday, a significant day in the Catholic calendar that calls us to reflection, repentance, and renewal. Students and staff gathered in the chapel to receive ashes, a symbol of our commitment to walking in Christ's footsteps during this season of Lent. It was a beautiful and solemn moment that reminded us of the importance of faith, humility, and kindness in our daily lives.

Inspired by the teachings of Christ, we strive to create an environment where compassion and understanding are at the heart of everything we do. As Pope Francis reminds us, "Education is an act of love, it is like giving life." Through our partnership with you as parents, we continue to build a school community where our children can grow in confidence, knowing they are surrounded by care and guidance.

This Lent, we encourage our students to reflect on how they can embody the values of prayer, fasting, and almsgiving, whether through daily acts of kindness, supporting their peers, or participating in charitable initiatives. Every small action contributes to making our school a true family in Christ.

As always, we appreciate your continued support and involvement in school life. Please do not hesitate to reach out if there is anything we can do to assist your child or family. Together, with faith at our core, we will continue to guide our children on their journey of learning, growth, and love.

Wishing you all a blessed and meaningful Lenten season.



Diary Dates

2025

Tuesday 18th March Yr 11 Photo Primary Netball Tournament

> Tuesday 25th March GCSE Food Exam

Thursday 27th March Year 7 - 11 Tutor Parents Evening

Friday 4th April 3.05pm School closes for half term

Tuesday 22nd April Students return to school

Wednesday 23rd April HPV Vaccinations

Thursday 24th April Yr9 Day of Reflection

Monday 28th April MFL Speaking Exams

Tuesday 29 & Wednesday 30th April GCSE Art Exam

Tuesday 6th May MFL Polish Speaking

Friday 23rd May Leavers Liturgy & St Bede's Day 3.05pm School closes for half term

> Monday 2nd June Students return to school

School Opening Time

School will not be open until 8am each day, if you would like to report your child absent or have a query please ring after 8am. Thank you

Safeguarding

At St Bede's Catholic Voluntary Academy, we have a zero-tolerance policy when it comes to sexual harassment. This term my sound alarming initially but it is vital we teach our students the importance of understanding behaviours that will be considered as sexual harassment in adulthood.

Our policy on sexual harassment can be found on our website, all concerns of behaviours involving any sexual nature will be dealt with within our safeguarding team.

Sometimes, people who harass and bully do it with sexual comments or actions. This is called sexual harassment or sexual bullying.

Sexual harassment and bullying include things like these:

- · making sexual jokes, comments, or gestures
- · spreading sexual rumours (in person, by text, or social media)
- · posting sexual comments, pictures, or videos
- · taking or sending sexual pictures or videos
- · asking someone for naked pictures of themselves ("nudes")
- · asking for sex or offering to have sex
- · touching or grabbing someone in a sexual way

Sexual harassment and bullying can happen in person or online. But no matter where they happen, sexual harassment and bullying are not OK. There is no excuse for behaviours like these. And they are not the fault of the person who is being harassed or bullied

For further advice please click the following link https://kidshealth.org/en/teens/harassment.html

GCSE's

As our Year 11 students approach their GCSE examinations, we recognise the dedication, effort, and determination they are putting into their studies. This is a crucial time for them, and we are committed to providing the support and guidance they need to achieve their full potential.

Over the coming weeks, we encourage students to establish effective revision routines that balance focused study with well-being. Creating a structured timetable, using active revision techniques such as past papers and mind maps, and taking regular breaks will help them retain information more effectively. We also remind them that rest, nutrition, and exercise play an essential role in maintaining focus and reducing stress.

At school, we continue to offer revision sessions, targeted support, and encouragement to ensure every student feels confident and prepared. We ask parents to support this journey by encouraging a positive study environment at home and reassuring students that their hard work will pay off.

As a Catholic school, we also remind our students to lean on their faith during challenging moments. Philippians 4:13 tells us, "I can do all things through Christ who strengthens me." We encourage them to approach their exams with courage, perseverance, and trust in their abilities.

We are incredibly proud of our Year 11 students and the resilience they have shown. Let's continue working together to support them through these final months. If you have any concerns or need guidance on how to best support your

child, please do not hesitate to reach out.



Young Carers are children who look after a family member who can't manage without them because they have a medical condition, disability, mental health condition or substance misuse problem?



If you are a young carer or know a young carer, we can help. Contact the Young Carers Team.

01724 297502 or e mail: youngcarers@northlincs.gov

