

**Young Carers** are children who look after a family member who can't manage without them because they have a medical condition, disability, mental health condition or substance misuse problem?



**If you are a young carer or know a young carer, we can help. Contact the Young Carers Team.**

**01724 297502 or**

**e mail: [youngcarers@northlincs.gov.uk](mailto:youngcarers@northlincs.gov.uk)**



**North  
Lincolnshire  
Council**



**CARING  
FOR  
CARERS**

